

15That's why, when I heard of the solid trust you have in the Master Jesus and your outpouring of love to all the Christians, 16I couldn't stop thanking God for you—every time I prayed, I'd think of you and give thanks. 17But I do more than thank. I ask—ask the God of our Master, Jesus Christ, the God of glory—to make you intelligent and discerning in knowing him personally, 18your eyes focused and clear, so that you can see exactly what it is he is calling you to do, grasp the immensity of this glorious way of life he has for Christians, 19oh, the utter extravagance of his work in us who trust him—endless energy, boundless strength! 20All this energy issues from Christ: God raised him from death and set him on a throne in deep heaven, 21in charge of running the universe, everything from galaxies to governments, no name and no power exempt from his rule. And not just for the time being, but *forever*. 22He is in charge of it all, has the final word on everything. At the center of all this, Christ rules the church. 23The church, you see, is not peripheral to the world; the world is peripheral to the church. The church is Christ's body, in which he speaks and acts, by which he fills everything with his presence.



3/4 of the deaths are children under the age of five.

Today 10% of children in developing countries die before the age of five.

Famine and wars cause just 10% of hunger deaths, although these tend to be the ones you hear about most often.

The majority of hunger deaths are caused by chronic malnutrition.

Families simply cannot get enough to eat. This in turn is caused by extreme poverty. It is estimated that some 800 million people in the world suffer from hunger and malnutrition, about 100 times as many as those who actually die from it each year.



God has blessed us with a standard of physical means well above most people in this world.

We are called to live  
with an equally high  
standard spiritually.

Live thankfully,  
share generously,  
love ceaselessly,  
and seek the peace  
of Christ.